A&E

Accident and Emergency departments can be found at most hospitals. They are there to help people who show signs of being very ill or are badly injured.

They should only be used in serious or life threatening situations.

These include:
- Serious medical emergency posing an immediate threat to a person’s health or life
- Head Injury – with loss of consciousness
- Overdose of drugs or accidental drinking of chemicals
- Severe allergic reaction
- Suspected Stroke
- Loss of blood
- Suspected heart attack or chest pain
- Severe breathing difficulties
- Severe burns
- Broken bones

If you or someone else is having a heart attack or stroke, call 999 immediately. Every second counts with these conditions.

We hope you have found this information useful and hope you will keep safe for future references.

For more information about the practice and the services we offer please visit our website on www.parkmedical.org.uk

The Park Medical Practice
Guide to choosing the right NHS Services

Chaddesden Surgery
The surgery is open to make appointments at the following times:
- Monday 8.00am – 8.00pm
- Tuesday 8.00am – 6.30pm
- Wednesday 8.00am – 6.30pm
- Thursday 8.00am – 6.30pm
- Friday 8.00am – 6.30pm
Telephone lines open at 8.30am

Borrowash Surgery
The surgery is open to make appointments at the following times:
- Monday 8.00am – 6.30pm
- Tuesday 8.00am – 6.30pm
- Wednesday 8.00am – 1.00pm
- Thursday 8.00am – 6.30pm
- Friday 8.00am – 6.30pm
- Saturday 8.00am – 12 noon (Pre-bookable only)
Telephone lines open at 8.30am

University Surgery (Derby University Students Only)
The surgery is open to make appointments at the following times:
- Monday 9.00am – 6.00pm
- Tuesday 9.00am – 5.15pm
- Wednesday 9.00am – 5.15pm
- Thursday 9.00am – 5.15pm
- Friday 9.00am – 5.00pm
**Derby Urgent Care Centre**

Entrance C  
London Road Community Hospital (formerly the DRI)  
Osmaston Road  
Derby  
DE1 2RD  
Telephone 01332 224700 (Open 7 days a week 8am – 7.30pm)

NHS Walk in Centre’s are staffed by nurses or GP’s and offer advice, information and Treatment for:

- Coughs, colds and flu-like symptoms  
- Minor cuts and bruises  
- Muscle and joint injuries  
- Skin complaints  
- Men’s and women’s health problems  
- Emergency contraception  
- Ear, nose and throat problems

**Pharmacy**

Your pharmacist can help with expert advice on how to look after yourself at home and can also advise on minor ailments such as:


Most pharmacies have a private consultation room so that you can discuss your problem confidentially.

Your pharmacist can also help you decide when you need to see a doctor or when to self-treat.

**Coleman Street Emergency Dental Services**

Coleman Street,  
Derby,  
DE24 8NH

Monday – Thursday 08:40–13:00  13:30-16:45  
Friday 08:40-13:00  13:30-16:15

By appointment ONLY – Telephone 01332 861190

**NHS 111 Service**

NHS 111 is a free-to-use telephone service available 24 hours a day, 365 days a year. If you have an urgent health problem and you can’t get to your own GP or walk in centre you can telephone 111 and get advice.

The service is staffed by fully trained advisers who will ask questions to assess your symptoms. They will give the healthcare advice you need or direct you to the local service that can best help you. This could be Emergency Department, an out of hour’s doctor, a walk in centre or minor injury unit, a community nurse, an emergency dentist or pharmacy.

**Out of Hours**

By appointment ONLY – Telephone 01332 888085

Information is also available online please visit either:  
www.choosebettersouthernderbyshire.co.uk  
NHS Choices on www.nhs.uk